

Home Living

Home Living/Multiple Needs

INSTRUCTOR:

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COURSE DESCRIPTION

This course will take place in both the classroom and the kitchen classroom. Students will plan and prepare simple meals and participate in the cooking labs. Other topics covered will include money skills, time, consumer skills, consumer math, personal care and social skills.

COURSE OUTCOMES AND OBJECTIVES

The students will:

- 1. Plan a meal*
- 2. Develop a shopping list and go grocery shopping*
- 3. Prepare meals and learn cooking basics*
- 4. Count money, make change, identify coins*
- 5. Learn consumer skills*
- 6. Discuss basic health and hygiene issues and personal care*
- 7. Develop social skills necessary to live as independently as possible*

GRADING SYSTEM

Students will be graded according to the best of their ability in the classroom. Pass/Fail grading.

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COURSE OUTLINE

Weekly topics:

Meal planning and meal preparation.

Money and time skills.

Health, hygiene, personal care.

Social skills.

Consumer education.

GRADUATION PLAN REQUIREMENTS

GRADUATION PLAN REQUIREMENTS:

- Obtain Paid Work Experience
- Maintain Paid Work Experience
- Volunteer/Non-paid employment
- Meet & apply for DRS
- Speaker/Tour (Circle) Work force Ctr. MRC MCIL Govt. Center CTIC Fair Supported Employment
PACER Transitional Housing Century College St. Paul Tech
Other Agencies : _____
- Complete Self-Advocacy Skills Assessment
(Disability, strengths/weaknesses, IEP goals/objectives, resources available, etc.)
- Complete an Interest & Skills Inventory

Portfolio Components:

- Resume
- Interview Experience
- Completed sample W-2/W-4 form
- Possesses Social Security Card
- Work Site Evaluations
- Interest Inventories (SERVE, DRS)
- Cover letter
- Resources/Important phone numbers
- 2-3 Letters of Recommendation
- Possesses MN ID/Driver's License
- Certificates of completion-awards, etc.
- Other: _____