

Recreation/Leisure

Rec./Leisure/Next Step Multiple Needs

INSTRUCTOR:

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COURSE DESCRIPTION

This course will focus on allowing the students to participate in a variety of recreation and leisure activities. Both indoor and outdoor activities will be planned. Students will choose from a variety of planned activities such as: games, music, art, crafts and sports.

COURSE OUTCOMES AND OBJECTIVES

The students will:

- 1. Choose one or two activities to complete each day.*
- 2. Learn about their likes and dislikes and be able to state their preferences.*
- 3. Choose to be productive during leisure time.*
- 4. Learn new activities.*
- 5. Develop a hobby*
- 6. Discover a new activity that they enjoy.*
- 7. Discover new talents.*

GRADING SYSTEM

Students will be graded pass/fail basis according to level of ability.

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COURSE OUTLINE

1. Board Games
2. Art activity
3. Craft activity
4. Walk in community, downtown or to the park.
5. Sports/athletic activity
6. Photography and scrapbooking

GRADUATION PLAN REQUIREMENTS

GRADUATION PLAN REQUIREMENTS:

- Obtain Paid Work Experience
- Maintain Paid Work Experience
- Volunteer/Non-paid employment
- Meet & apply for DRS
- Speaker/Tour (Circle) Work force Ctr. MRC MCIL Govt. Center CTIC Fair Supported Employment
PACER Transitional Housing Century College St. Paul Tech
Other Agencies : _____
- Complete Self-Advocacy Skills Assessment
(Disability, strengths/weaknesses, IEP goals/objectives, resources available, etc.)
- Complete an Interest & Skills Inventory

Portfolio Components:

- Resume
- Interview Experience
- Completed sample W-2/W-4 form
- Possesses Social Security Card
- Work Site Evaluations
- Interest Inventories (SERVE, DRS)
- Cover letter
- Resources/Important phone numbers
- 2-3 Letters of Recommendation
- Possesses MN ID/Driver's License
- Certificates of completion-awards, etc.
- Other: _____